



# Join Us for a Parent Workshop: Helping Your Kids Navigate Social Media and Screen Time



**SATURDAY**

**February 15, 9:00-10:30 a.m.**

**TBD**

Are you concerned about how much time your child spends looking at screens? Worried about helping your child stay safe and happy in the digital age?

Join Frameworks of Tampa Bay for a parent conversation about helping your children navigate these issues. Learn how to cultivate key social and emotional skills, and gain tips and tools to help address issues such as:

- screen time
- online safety
- cyberbullying

*This is a Title I workshop. Light snacks will be provided.*

